

## Primary School Sports Funding 2015-2016

The government is providing additional funding to improve provision of physical education (PE) and sport in primary schools.

### **Purpose of funding**

Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this.

Possible uses for the funding might include hiring specialist PE teachers or qualified sports coaches, engaging children through new or additional sports clubs; training for teachers in PE and sport; increasing pupils' participation in the School Games; buying quality materials for PE and sport; providing places for pupils on after school sports clubs and holiday clubs.

## Eastfield Infants' and Nursery School Physical Development

*PE and Physical Development play an important role in children's early development. We believe that physical education; activity and an awareness of healthy lifestyles nurture each child's individuality and develops social, emotional and behavioural skills.*

*There is evidence to support the positive effects of physical activity has on physical health, wellbeing and lifestyle. It is also suggested that physical activity can improve a child's ability to concentrate longer in the classroom.*

## Primary School Sports Funding 2015-16

### How are we going to use the additional funding to support your children?

### **Overview**

Because we have a roll in excess of 250 children our Sports funding will be £9,250 which we receive in September.

### **Funding Allocation 2014-2015**

The funding received from the sports grant in 2014-2015 will be allocated in the following ways;

- A trained sports coach from JB Sports Coaching
  
- His role will be to:
  - Teach PE lessons for staff to observe and improve their own practice.
  - Provide an after school first football skills and multiskills club for children in Year1 and 2.
  - Teach the year 1 and 2 children a variety of skills within P.E lessons.
  - Ensure all children have opportunities to build confidence and self-esteem through individual and team games..
  
- Development of the current 'Year 2' area.

- Throughout the year the money will also be used to buy resources for playgrounds and courtyards throughout the school.
- Possibility to provide other coaches with expertise in dance, gymnastics and games.
- Provide a bike club for years 1 and 2.
- TA's providing regular and sustained handwriting intervention.

### **Other ongoing Physical Development provision.**

- We will continue to offer weekly swimming lessons to the children in Year 2.
- We will hold our annual Sports Day.
- KS1 continue to do Wake-up Shake-up daily.
- Nursery and reception children will enjoy Woodland Learning; a range of physical experiences designed to increase their skill level and confidence.
- Children will have opportunity to play on bikes and scooters at playtimes and have access to the wooded areas all year round.
- Cross curricular planning will ensure opportunities for physical activity throughout the school day.
- 1:1 movement time with a TA.

### **Impact Evaluation of provision for 2014-2015**

- All children in year 1 and 2 took part in P.E lessons with a sports coach or yoga coach for 6 out of the 6 terms. The children thoroughly enjoyed taking part in the sessions. The children enjoyed taking in take in the frequent multiskills sessions with obvious growth in confidence and self esteem. They have benefitted from expertise provided by the coach. The teachers have been able to develop their own skills and spend more time assessing and evaluating children's progress and achievements.
- All FS2 children took part in 6 yoga sessions with the qualified yoga coach.
- Some FS2 children took part in a movement time in the mornings with a TA. This helped improve balance, co-ordination and self confidence.
- Resources were bought for courtyards and playgrounds which enhanced the quality of physical development at playtimes and through cross curricular opportunities.
- 37% of year 2's and 39% year 1's chose to attend bike club. The children rode their bikes around the outside of the entire school which was challenging for everyone. The more confident children were able to practise and hone their skills becoming more competent riders. The less confident children were able to practise and develop in a safe environment with all children beginning able to ride without stabilisers by July. One child was able to learn to ride his bike

with 1:1 support from the adults. With the continued commitment and dedication of the staff this child was soon a confident, capable rider who could clearly see his progress and instilled a air of pride and confidence he previously lacked.

- 41% of year 2's and 32% of year ones took part in the multiskills after school club with the qualified sports coach JB sports. They were able to build on the skills they learnt in P.E.
- Some year 2's took part in Zumba club with one of our own teachers who is a qualified Zumba instructor. The children built up good coordination skills which they then demonstrated to the whole school and year 2 parents at the end of year 2 assembly. Their confidence shone through in an energetic and vibrant performance.
- Every year 2 child, with the exception of 6, were able to swim 5 metres or more by the end of the year with a few swimming 100 metres +.
- Some children took part in movement group in the morning with a TA following a physio plan. There was some improvement in fine motor skills especially handwriting. Gross motor skills, balance and co-ordination were improved. Children's self esteem and confidence were built.
- Some children took part in 1:1 movement time with a TA using the First Move programme.

All of the above activities will provide the children with a positive and firm start to their physical development throughout their school life. It will give them a set basic skills and knowledge to allow them to access the higher level skills they require as they progress through the school years.